



Balanced Kitchen

**EAT JOYFULLY,
LIVE WILLFULLY!**

(SOFT LAUNCH)

EAT TO THRIVE

PRODUCTS

Cinnamon Maple Pecan Granola - 76 CAL

Oats, Pecans, Almonds, Chia Seeds, Maple Syrup, Cinammon, Ashwagandha Powder.

51 SR

Carrot Cake Granola - 67 CAL

Oats, Carrots, Cashew, Walnuts, Date Syrup, Chaga Powder, Pumpkin Seeds.

35 SR

Protein Brownies - 159 CAL

Almond Flour, Dark Chocolate, Egg, Pea Protein Powder, Maca Powder, Coconut Oil, Sea Salt.

8 SR

Chocolate Hazelnut Butter Balls - 156 CAL

Dates, Rolled Oats, Flax Seeds, Hazelnut, Dark Chocolate, Coconut Oil, Sea Salt.

8 SR

Rose Pistachio Butter Balls - 134 CAL

Dates, Rolled Oats, Flax Seeds, Pistachio, Rose, Coconut Oil, Sea Salt.

8 SR

Orange Almond Biscuit - 63 CAL

Barely, Wheat Flour, Almonds, Orange, Flax Seeds, Eggs, Ashwagandha, Sea Salt.

6 SR

KETO

Salted Peanut Butter Keto Cups

150 CAL

Dark Chocolate, Peanuts, Hempseeds, Erythritol, Sea Salt.

8 SR

Chocolate Hazelnut Granola

164 CAL

Hazelnuts, Almonds, Peanuts, Flax Seeds, Cocoa Powder, Erythritol, Coconut oil, Sea Salt.

55 SR

Crispy Multiseed Keto Crackers - 90 CAL

Almond Flour, Sesame Seeds, Flax Seeds, Sea Salt, Onion Powder, Garlic Powder.

33 SR

POWER SMOOTHIES

Green Warrior

136 CAL

Milk, moringa, banana and spinach.

18 SR

Young Heart

145 CAL

Milk, strawberry and banana.

18 SR

Cookie Monster

185 CAL

Milk, cocoa powder, banana and almond butter.

22 SR

| + Plant Protein | 8 SR | | + Almond Milk | 4 SR |

JUICES

Shine on me

244 CAL

Apple, pineapple, mint and lemon.

22 SR

Feel Better

230 CAL

Orange, carrot, lemon and ginger.

18 SR

Nature's Botox

250 CAL

Beetroot, apple, carrot and lemon.

22 SR

Drama Green

160 CAL

Apple, orange, celery, spinach and lettuce.

20 SR

COFFEE

Espresso - 4 CAL	<u>10 SR</u>
Flat White - 90 CAL	<u>18 SR</u>
Drip Coffee / Filter Coffee - 10 CAL	<u>16 SR</u>
Americano - 10 CAL	<u>16 SR</u>
Iced Americano - 9 CAL	<u>16 SR</u>
Iced Latte - 90 CAL	<u>18 SR</u>
Latte - 130 CAL	<u>18 SR</u>
Cappuccino - 130 CAL	<u>18 SR</u>

SIGNATURE DRINKS

Matcha Latte - 150 CAL Pure Organic Matcha, Milk.	<u>18 SR</u>
Iced Matcha Latte - 150 CAL Pure Organic Matcha, Milk, Ice.	<u>18 SR</u>
Safflower Latte - 190 CAL Espresso, Milk, Safflower, Raw Cane Sugar.	<u>23 SR</u>
Golden Latte - 150 CAL Turmeric, Cinnamon, Ginger, Black Pepper, Milk.	<u>18 SR</u>
Hot Chocolate Chaga - 190 CAL Dark Chocolate, Chaga Powder, Milk.	<u>21 SR</u>
Salted Carmel Latte - 210 CAL Espresso, Milk, Vegan Salted Caramel Sauce.	<u>21SR</u>